

**Amendments to the Claims:**

The following listing of claims will replace all prior versions, and listings, of claims in the application:

Claims 1-18 (cancelled)

19. (New) Portable lighting lamp comprising an emitting module equipped with at least one light-emitting diode for emitting a light beam, a fixing and connecting element of said diode, and means for adjusting the light beam comprising at least one optical focusing device formed by at least one lens arranged on a transparent support to form a monoblock part,

wherein the support of the optical focusing device is able to be moved manually between two positions comprising an inactive position situated outside the light emission field of the diode and an active position facing the diode to make the visualization angle of the light beam vary, said mobile support being bistable by a swiveling or sliding movement to obtain broad lighting with a short range or narrow lighting with a long range.

20. (New) Lighting lamp according to claim 19, wherein the lens is a Fresnel lens.

21. (New) Lighting lamp according to claim 20, wherein the mobile support comprises a plurality of lenses corresponding to the same number of diodes.

22. (New) Lighting lamp according to claim 19, wherein said mobile support is formed by a swiveling plate mounted pivoting around a spindle extending orthogonally with respect to the diode.

23. (New) Lighting lamp according to claim 22, wherein the plate of the optical focusing device bears in the inactive position on a fixed rim of the casing housing the lamp.

24. (New) Lighting lamp according to claim 19, wherein the mobile support of the optical focusing device is formed by a rack mounted sliding in grooves of the casing and moving in a plane perpendicular to the light beam.

25. (New) Lighting lamp according to claim 24, wherein the rack of the optical focusing device is formed by an interchangeable part having a preset focal distance.

26. (New) Lighting lamp according to claim 24, wherein the rack is protected by a removable cap able to be slotted into the casing, and enabling the rack to slide between the withdrawn position and the apparent position.

27. (New) ighting lamp according to claim 19, wherein the emitting module comprises a light-emitting diode connected at the rear on a heat sink and associated at the front to a magnifying glass.